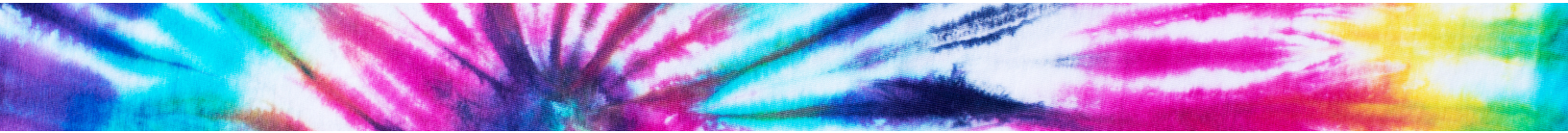


THE MPL TEEN ADVISORY BOARD PRESENTS:  
**TEEN TAKE AND MAKE KITS**  
TAKE A BREAK FROM ZOOM AND MAKE SOMETHING

# Tie-Dye Shirts



## From TulipColor.com:

1. Prewash your fabric to remove the sizing (a product that keeps the fabric stiff and minimizes wrinkles), as sizing can block the full absorption of the dye pigment. We recommend washing your fabric and leaving it damp before tie-dyeing, as the dye has an easier time saturating the fabric when it's wet.
2. Protect your work space with a table cloth or newspaper.
3. Mix Dye: wearing protective gloves, add water to dye bottle, filling to the line. Replace cap tightly and shake until the dye has dissolved. Use the dye within 24 hours of mixing. After 24 hours, the dye will begin to lose concentration and will result in weaker color intensity.
4. Bind your fabric with rubber bands and apply dye on fabric in the design of your choosing! Some ideas are on the next page. Do not oversaturate the fabric. If the dye is applied too close together, the colors may become muddy.
5. Cover the dyed fabric with plastic wrap to keep damp. Let sit for 6-8 hours or longer for most intense colors. Rinse well with water until excess dye is removed. Cut rubber bands if used. Fill washer to "large load" setting with cold water and a small amount of detergent. Wash and dry separately for the first few washes.





**SPIRAL  
SPIRALE**



- Pinch fabric and twist into a spiral
- Pincer le tissu et insérer dans la spirale



- Bind
- Nouer



- Apply dye(s); flip over and repeat
- Appliquer la ou les teintures ; retourner et répéter



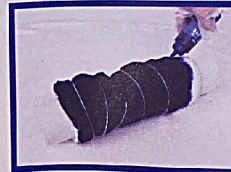
**SHIBORI**



- Wrap fabric around a tube
- Enrouler le tissu autour d'un tube



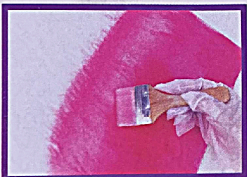
- Scrunch in both ends and bind with rubber bands
- Chiffonner les deux extrémités et attacher avec des élastiques



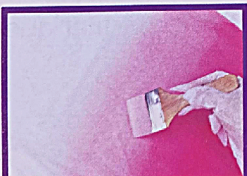
- Apply dye(s)
- Appliquer la ou les teintures



**OMBRE  
GRADATION**



- Apply dye to damp fabric
- Appliquer la teinture sur le tissu humide



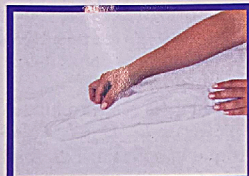
- Use damp brush to blend
- Utiliser un pinceau humide pour mélanger



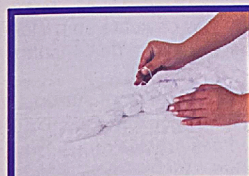
- Apply and blend other dye colors
- Appliquer et mélanger d'autres couleurs de teintures



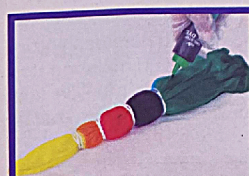
**BULLSEYE  
CERCLES  
CONCENTRIQUE**



- Pull up from center and gather
- Replier à partir du centre et rassembler



- Bind
- Relier



- Apply dye(s)
- Appliquer la ou les teintures



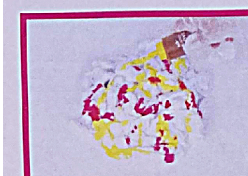
**CRUMPLE  
FROISSAGE**



- Scrunch fabric tightly into a mound
- Froisser le tissu en tas en serrant bien



- Apply dye(s)
- Appliquer la ou les teintures



- Flip over and repeat
- Retourner et répéter